

# SOUND HEALING PROGRAM



**With Shervin Bolorian & Larissa Israel**

(Certified Tama-Do Sound Healing Academy Practitioners  
and Presenters of the *Bali Sound Healers Collective*)

## **A live Music / Sound Healing Experience**

Discover the power and wonder of live sound and music as tools to deeply connect, inspire and transform. This summer, Shervin and Larissa will team up again to share a number of different types of multi-instrumental sound healing journeys celebrated and institutionalized in Bali since 2012 (at Yogabarn, BaliSpirit Festival, Taksu Spa, Desa Seni). Offering a limited number of dates in July/August 2015, Shervin and Larissa will travel to Yoga studios, live venues and holistic communities on the *Bali Sound Healers Collective* inaugural European Tour. They will bring with them: Tibetan singing bowls, chimes, gongs, strings, bells, shaman drum, didgeridoo, Native American prayer flute, percussion, sacred chants as well as specialized private session sound healing instruments and tools. Shervin's and Larissa's in-depth training, musical skills, sensitivity and years of sound energy experience have already been received with high praise in USA, Canada, Singapore, Malaysia, Taiwan and Bali. They are both experienced group facilitators and recognized for creating a deeply relaxing, safe and sacred space for multi-sensory connection, guiding participants into a deep state of heart-opening surrender, inner peace and harmony.

**Benefits:** These Sound Healing programs combine scientific research, Chinese Medicine principles, pure natural sound vibration and mysticism to stimulate, sedate and balance the body, evening out the hemispheres of the brain, activating the parasympathetic nervous system, bringing in more vital energy, a deeper sense of rest and regeneration, calmness, happiness, clarity, vision and support for releasing long held physical, emotional, mental and spiritual blockages.

Each group program includes mantras, chants, devotional songs from a variety of sacred world music traditions and other simple exercises and techniques to open and connect to the voice.

Let yourself be guided through a world class sonic dreamtime journey and book as soon as possible for places are limited!

## Programs offered on the European Sound Healing Tour

### Sound Medicine (a Tama-Do Sound Harmonisation)

This is a 2 hours long multi-instrumental sound healing journey including rainbow color silks and natural essences. It combines sacred sounds from a wide range of natural acoustic instruments (wood, percussion, string and metal), including the voice, mantras and healing chants. Sound Medicine is based on a system of correspondences between the five elements, meridians, chakras and musical key and energy of the season, perfectly stimulating the subtle energies and helping to expand our consciousness. This extraordinary sound harmonization experience can deeply nourish and empower you on all levels of being. Simply lay down, relax and enjoy...!



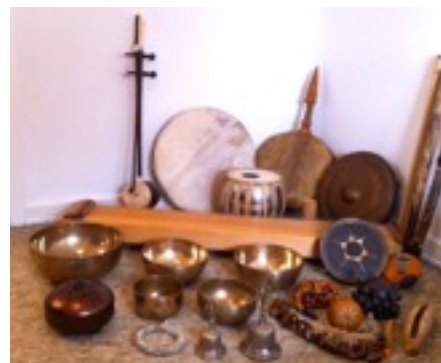
### Sufi-Wirling & Sound Healing

Connect to the Beloved: A Sufi inspired Sound Healing and Conscious Movement session. 2 hours long and exotic it includes the Persian-Sufi whirling dance of Sama, mystical poetry from Sufi masters and deeply relaxing therapeutic sounds, chants and Sufi mantras. An excellent tool for meditation, centering, and trance induction.



### Sacred Sounds & Instruments

This 2 hours long Workshop is an immersion in sacred sounds: Experience how sound can heal and transform. You will explore vibrational healing techniques with your own voices, and discover insights of the healing origin of these remarkable instruments, especially the beautiful and powerful mystery of singing bowls and prayer flute. The act of listening to these sounds can stop one's internal dialog, altering space, mind and time, awakening cellular memory and healing the energy body.

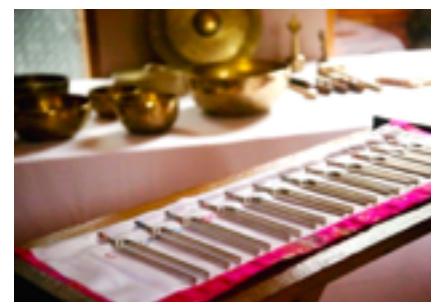


For all programs: Just bring a mat to lay down on, a blanket and warm socks. Price p.P. per Program: £ 30.-

### Individual Healing Treatments

During this private one-on-one sound healing treatment offered by Shervin and Larissa, you will receive a healing session tailored according to your individual needs and temperament. All treatments are 60 min. long and take place fully clothed, on a massage table or a matt placed on the floor. Tama-Do's sound and acupuncture courses are certified by USA's NCCAOM and NCBTMB. All individual sessions are based on confidentiality, respect and non-judgment.

Price p.P.: £ 60.-



## About Shervin Bolorian



Bali-based sound healer and leader of the acclaimed *Bali Sound Healers Collective*, Shervin Bolorian, is an Iranian-born refugee, who was raised in the UK, later as an ex-Washington DC peace strategist making the USA and now Indonesia his home. Shervin is known to touch his guests most strikingly through his soothing, angelic singing voice with sacred songs sung in multiple languages, including his native Persian. He is also a practicing certified sound and color therapist and just released his debut album "Spirit Night by Candlelight", sharing mantric formulas in a unique way „slowing down and dropping into the heart...“. Shervin credits Fabien Maman, Musician, pioneering cellular researcher, acupuncturist and founder of the world's first (Tama-Do) Academy of Sound, Color, and Movement as his biggest inspiration. "Maman showed me the fundamentals of how pure sound vibration affects cells and society. Without him, I would never have fallen in love with music again or wanted to share my inner music with the world".

More info: [www.soundhealingbali.com](http://www.soundhealingbali.com)

## About Larissa Saraswati Israel



Native German yet international, Larissa is a sound therapist, certified by the Tama-Do Academy of Sound, Color and Movement and known for her subtle musicality and delicately fine-tuned healing awareness. She conducts workshops, seminars, retreats and private healing treatments in different countries around the world. Directing for ten years Sir Simon Rattles inspired creative music education programs with the Berlin Philharmonic Orchestra, Larissa worked together with participants of all ages, different social and cultural backgrounds and abilities. She also frequently appeared as speaker invited by cultural institutions and universities Europe-wide to enhance the awareness of the importance of music and its potential for individuals, communities or society as a whole. This path has led her to the essence of music: into the healing potential of sound and vibration - profoundly nourished by Fabien Maman. "My vision is to partake in tuning into a higher collective order so that we can heal and, through our very vibratory presence, become ever stronger conduits of harmony in this world".

More info: [www.unisonhealing.com](http://www.unisonhealing.com)

## About Bali Sound Healers Collective



Founded and directed by Shervin Bolorian, it is the only program of its kind, uniting experienced sacred sound musicians and certified sound therapists from around the world on a regular basis with a wide variety of live sound healing events. The mission of the collective is to:

- **Offer** Quality Professionalism: We provide top quality sound healing services from experienced professionals who have served diverse holistic organizations and centers around the world.
- **Inspire** Health and Wellbeing: In supporting states of calm, relaxation and safety in an ideal environment for sound therapy's health benefits to be received and maximized.
- **Unite** Community: Support for other sound healers creating a wave of positive vibration and collective abundance. Participating in community events such as the Yoga Aid Challenge, BaliSpirit Festival, and the Global Yoga Mala are also an important way of sharing the gift of sound therapy for those in need.
- **Empower** the Individual's Inner World: Techniques are shared to empower a person's gifts and deep seated aspirations and enable their visions to manifest. Making space for this "inner calling" to surface can support a more complete conscious lifestyle, creative expression, integration with loved ones, coworkers, community, and healing of pain.

If you are interested in our programs or working together with us, please contact:  
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THANK YOU FROM OUR HEARTS!